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Following Tooth Removal

Change gauze every twenty minutes until bleeding stops.

A liquid or soft diet is best for the first twenty-four hours. After this you may eat or drink any type of food you can manage. Avoid hot or spicy foods. Do not use a straw for fluids or semi-solids for the first twenty-four hours.

If you smoke, you should not do so for the first forty-eight hours after surgery.

Swelling may occur. Apply ice pack to skin over area during the first twenty-four hours. On the second day you should gently rinse mouth with warm salt water.

Avoid lifting heavy objects for twenty-four to forty-eight hours following surgery. When lying down keep head elevated.

Take medicine as prescribed. The antibiotics are very important - take ALL of them.

Weekend Emergency Phone: 423-855-9624